

Oct 7, 2019

True North Commercial REIT Announces Timing of Release of Q3-2019 Results

/NOT FOR DISTRIBUTION IN THE U.S. OR OVER U.S. NEWSWIRE/

TORONTO, October 7, 2019 /CNW/ - True North Commercial Real Estate Investment Trust (TSX: TNT.UN) announced today it intends to release its financial results for the quarter ended September 30, 2019 after the close of the Toronto Stock Exchange on Wednesday, November 6, 2019.

About the REIT

The REIT is an unincorporated, open-ended real estate investment trust established under the laws of the Province of Ontario. The REIT currently owns and operates a portfolio of 45 commercial properties consisting of approximately 3.7 million square feet in urban and select strategic secondary markets across Canada. The REIT is focused on growing its portfolio principally through acquisitions across Canada and such other jurisdictions where opportunities exist.

For complete financial statements and management's discussion and analysis for the period, and any other information relating to the REIT, please visit www.sedar.com or the REIT's website at www.truenorthreit.com.

For further information:

Daniel Drimmer

President and Chief Executive Officer

(416) 234-8444

or

Tracy Sherren

Chief Financial Officer

(416) 234-8444

**True North Commercial Real Estate
Investment Trust**

3280 Bloor Street West
Suite 1400, Centre Tower
Toronto, Ontario
M8X 2X3
+1 (416) 234-8444

ircommercial@truenorthreit.com

Transfer Agent

TSX Trust Company
100 Adelaide Street West
Suite 301
Toronto, Ontario
M5H 4H1
+1 (416) 361-0152

